

Ocuberry-160

Bilberry 160 mg



Composition:

Each capsule contains 160mg standardized extract of Bilberry fruit (*Vaccinium myrtillus*).

Description:

Bilberry is the name of a small European blueberry. The bilberry plant is a deciduous, dwarf shrub with sharp-edged, green branches 15 to 50 cm high. The medicinal parts are the dried leaves, the ripe dried fruit and the ripe fresh fruit. The plant is common to Central and Northern Europe, Asia and North America.

Mechanism of Action:

Inhibits enzymatic cleavage of collagen by the enzymes secreted by leucocytes during inflammation.

By inhibiting retinal phosphoglucomutase and glucose-6-phosphatase it confers retinal protection.

Reduces microvascular impairments due to ischemic reperfusion injury, with preservation of endothelium, attenuation of leukocyte adhesion and improvement of capillary perfusion.

Produces dose dependent inhibition of platelet aggregation and clot retraction.

Decreases basement membrane collagen hydrolysis by significantly reducing permeability of the blood-brain barrier and increases recovery rate of the BBB caused by permeability-increasing agents.

Indications:

Bilberry is used for retinopathy (hypertensive and diabetic), night blindness, cataracts, macular degeneration, retinitis pigmentosa and hemorrhagic retinopathy.

Dosage & Administration:

The recommended dose is 160mg 2-3 times daily. Or, as directed by the registered physician.

Side effects:

There is no data available.

Contraindications:

Bilberry is contraindicated in patients who exhibit hypersensitive to any component of this product.

Precautions:

High doses and prolonged use of Bilberry may lead to chronic intoxication.

Use in pregnancy and lactation:

If needed during pregnancy and lactation consult the registered physician.

Drug Interaction:

None known. Very high doses (more than 170mg anthocyanins daily for 30-60 days) may interact with warfarin or other antiplatelet drugs.

Storage:

Keep out of reach of the children. Keep away from direct sunlight. Store below 30° C in a dry place.

Packing:

Each box contains 8x4 = 32 Capsules in alu-alu blister pack.